



## REQUIRED EQUIPMENT

- A sturdy helmet with a non-elastic chinstrap equipped with a quick release buckle. Helmet should be UIAA rated. Fire type helmets are made for fires and other types of rescues, and are not acceptable for cave rescues.
- Three independent sources of light each capable of allowing safe exit from a cave. The primary light must be helmet mounted.
- Sturdy boots with lug soles.
- Leather palmed gloves.
- Appropriate rugged clothing for damp, muddy, 50° cave temperature. Layering with polypropylene is advisable.
- A small rugged cave pack suitable for carrying personal supplies underground.
- Small personal first aid kit.
- Watch
- Three garbage bags.
- Personal food and water for eight hours, to be used during the Mock exercise on Sunday. Food will not be provided in cave on Sunday.
- VERTICAL EQUIPMENT IS NOT REQUIRED FOR THIS COURSE
- ALL GEAR MUST BE CLEANED PRIOR TO CLASS ACCORDING TO THE U.S. FISH & WILDLIFE SERVICE PROCEDURES (SEE TRAINING LINK) <http://www.er-ncrc.org>

## ORIENTATION TO CAVE RESCUE

Sept. 20-22, 2024

Elkins Fire Department

216 Fourth Street

Elkins, WV 26141

Registration Opens June 1, 2024

If you have any questions about this course please contact:

Larry Manning

Email: [Larry.Manning@caves.org](mailto:Larry.Manning@caves.org)

For information on the Eastern Region of the National Cave Rescue Commission or cave rescue in general please contact the ER-NCRC Regional Coordinator:

Larry Manning

Cell: 540-425-1733

Email: [Larry.Manning@caves.org](mailto:Larry.Manning@caves.org)



## COURSE OVERVIEW

This Orientation to Cave Rescue Course is being presented by the Eastern Region of the National Cave Rescue Commission hosted by the Elkins Fire Department and the Mountain State Grotto. The classes will take place at the Fire Department. The OCR course material is presented for students who typically include cavers, emergency service personnel and rescue management personnel. Continuing Education Credits may be available.

The OCR is an introductory level program which consists of both classroom instruction and field work in all phases of cave rescue. Some of the items covered in this class are the underground environment, extrication techniques, communication systems, medical management, operations, equipment, documentation, and response systems. The course is conducted over a three day period (Friday Night, Saturday and Sunday). The first evening consists of classroom studies. The second day consists of classroom studies and hands on exercises. The third day consists of a carefully staged mock exercise that allows the students the opportunity to actually participate in many of the functions that a cave rescue mission would utilize.

This course is physically demanding. Participants must be in good physical health and must sign a liability waiver. Persons under 18 years of age must contact the Regional Coordinator prior to registering for the class.

The Friday and Saturday portions of this class are being held at the Elkins Fire Department. Students are expected to arrive by 18:30 HRS on September 20, 2024, to check in and show that gear is cleaned. Classes will start as soon as all the student's gear is checked. The Saturday and Sunday portion of the class will start at 08:00 HRS. The Sunday portion of the class will be at a specific cave that will not be announced until Sunday morning.

The Registration Fee for this course is \$60.00 which will include all course materials and lunch on Saturday. Please bring anything else that is adequate for your needs.

Thanks to The Robertson Association, free camping is available at the Old Timers Reunion Site in Dailey. There are hotels/motels in Elkins for those wishing that type of convenience.

If you have any questions about this course please contact:

Larry Manning  
Email: [Larry.Manning@caves.org](mailto:Larry.Manning@caves.org)

For questions about the site, please contact:

Bru Randall  
Cell: 412-760-5054  
Email: [caverbru@gmail.com](mailto:caverbru@gmail.com)

**Registration will be available starting June 1, 2024. You MUST be registered by Sept. 1 and have received an email from the registrar.**

**For Registration issues contact the Registrar: Janet Smith Cell: 540-810-8045  
Mail checks to 100 Stephen Circle,  
Bridgewater, Va 22812**

Email: [rocksar02@comcast.net](mailto:rocksar02@comcast.net)

**\$60** acceptable payments are  
Check/Money order

Information about the Course:

Larry Manning  
Email: [Larry.Manning@caves.org](mailto:Larry.Manning@caves.org)

**You MUST be registered by Sept. 1. Registrations after this date will only be considered if space is available and will require a \$10 late fee. NOTE: if the minimum class size is not registered by Sept. 6, the class will be canceled.**